



Global UBT Fest 2026

Summer School “ Strengthening Resilience and Psychosocial Well-Being in the Digital Era”

Faculty of Psychology



Location: UBT Campus, Lipjan



Date: 06.07.2026



Time: 10:00 – 14.30

Time	Topic	Presenter
10:00 – 11:15	<i>A Visit in the Bunker Museum</i>	Asst. Prof. Deniz Celcima Asst. Prof. Elona Krasniqi
SESSION I		
Moderator: Asst. Prof. Deniz Celcima		
12:00 – 13:00	<i>Round Table Discussion on Mental Health: A Priority for All</i>	PhD. Cand. Anita Sadikaj
13:00 – 13:30	<i>The Role of Art Therapy in Building Resilience and Emotional Health</i>	Spec. Fatime Sahiti Bekteshi
13:00 – 13:30	Coffee break	
SESSION II		
Moderator: Asst. Prof. Elona Krasniqi		
13:30-14:30	<i>The Role of Art Therapy in Building Resilience and Emotional Health</i>	MA. Olt GjonBalaj
14:30	Discussion & Reflection	



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Date: 07.07.2026

Time: 10:00 – 14:00

Time	Topic	Presenter
SESSION I		
Moderators:	PhD. Cand. Anita Sadikaj	
10:00 – 11:00	<i>Workshop on digital contextual assesment and youth mental health</i>	Asst. Prof. Elona Krasniqi
11:00 - 12:00	<i>Paraphilic disorders</i>	MA. Olti Gjonbalaj
12:00 – 12:30	Coffee break	
SESSION II		
Visit	<i>Workshop on the Resilience and community mental health</i>	Vjollca Pllana Clinical Psychologist
12:30 – 14:00		



Location: UBT Campus



Date: 08.07.2026



Time: 10:00 – 14.00

Time	Item	Presenter
10:00 - 11:30	<i>Sensory Integration and Functional Challenges in Children with Neurodevelopmental Disorders</i>	Shukrane Potoku - Ergotherapist
11:30 -12:30	<i>Friendships and AI: Rethinking Mental Health Support</i>	Msc Cand. Shqipe Shala & Drenushë Krasniqi
12:30 -13:00	<i>Coffe Break</i>	
13:00 -14:00	<i>Sharing thoughts and opinions</i>	Asst. Prof. Elona Krasniqi



Location Gërmia Park



Date: 9.7.2026



Time: 10:00

Time	Item	Presenter
10:00 – 10:30	<i>Walking for mental wellbeing</i>	Asst. Prof. Elona Krasniqi PhD. Cand. Anita Sadikaj
